

Sermon Notes -- Themes from Ephesians

“Contending with the Powers of Darkness”

Part III – Ephesians 6:10-20

I. Introduction.

A. Our text – Ephesians 6:10-20

B. Review of the four R’s.

1. _____ our level of awareness.
2. _____ a check list in order to insure protection.
3. _____ us of our only weapon.
4. _____ the culture with the gospel.

II. Exposition

A. “The Shield,” verse 16.

1. The Roman soldiers’ use of the shield.
 - a. Two types.

B. “Faith,” verse 16.

1. Paul is not referring to the body of Christian beliefs.
2. He is referring to personal T_____.
3. Reformation development of a definition for “faith.”
 - a. *notitia* -- _____
 - b. *assensue* -- _____
 - c. *fiducia* -- _____

4. Habakkuk 2:4; Romans 1:17; Gal. 3:11; Heb. 10:38

C. “Flaming missiles.”

1. Arrows a flame.
2. Temptation that lead to sin and fear.
 - a. James 1:13-15
3. Noting the king of Israel’s death by a random arrow.
 - a. I Kings 22:30,34
4. Keep the shield up.
5. Illustration on death and dying.
 - a. Pastor Don
 - b. John Calvin

D. “Take the Helmet of Salvation,” verse 17.

1. The mind is where spiritual battles are fought.
2. The helmet relates to our salvation.
3. MacArthur
4. Two damaging attacks
 - a. Discouragement and Doubt
5. Struggle is a part of the Christian life.
 - a. Galatians 6:9; II Timothy 4:7; Rev. 2:3; II Cor. 12:9

III. Points for Reflection

- A. Review the status of your personal shield of faith.
- B. Can you detect weak spots in your armor or shield whereby the enemy can assault you with flaming missiles?
- C. The helmet of salvation will protect you from fear and despair which always affects security and assurance.